

DANCE EXPRESSION

d a n c e a r t s

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PRE-SCHOOL DANCE/CREATIVE MOVEMENT

These classes give pre-schoolers an introduction to the exciting world of dance. Basics of technique, movement concepts and quality, musicality, group interaction and gross motor skill development are all emphasized. Focused individual participation means that no dance student gets left behind. Pre-school students are taught etiquette while exploring the unlimited possibilities of dance.

- **TINY Dancers - 2 1/2 - 3 1/2 yrs.** - Our first dance class! full of creative movement, physical exploration, fantasy and fun! Classes will begin to focus attention, improve physical awareness, use imagery and props to engage imaginations (Tutus, Tiaras, Magic Wands.....) and introduce elemental Ballet concepts and gross motor skill movements! First step toward independence! **Tiny Dancers** perform in the end of the year Dance Concert! **2011-2012: Thurs 9:45 AM - Sat. 9:15 AM**
- **Pre-Ballet and Tumbling - 3- 4 yrs** - Introduction to the wonderful world of dance! Dancers will be introduced to basic Ballet vocabulary and explore gross motor skill movements, musicality, qualities of movement and follow a dance class format. Classes engage the dancers attention with the use of imagery and props, varieties of music and "make believe" and we can dance! 10-15 minutes of each class will introduce dancers to basic tumbling skills! **Pre-Ballet Dancers** perform in the end of the year Dance Concert! **2011-2012: Tues. 1:00 - Wed. 11:00 AM - Sat. 10:00 AM - Sat. 10:45 AM**
- **HIP - Tots! 3-4 yrs.** - Introduction to the wonderful world of dance with a bit of **funk!** Lots of gross motor skill and rhythmic work fill this class with fun. Jumps, Hops, Bops, and Cookie Walks, Bounces and Poses along with traditional elements of a first year dance class (following a class format, body awareness, stretching, etc). Like any early dance class, great for focus, fitness and fun! **HIP- TOTS** perform in the end of the year Dance Concert! **2011-2012: Mon. 9:30 AM**
- **Kinder -Combo 4-5 1/2 yrs.(Ballet-Tap-Tumble Combo)** - Our first one hour class which combines Ballet Technique and Vocabulary with the introduction to Tap. Combinations of steps, coordination of arms and feet and short movement patterns are introduced in both the Ballet and Tap segments of the class. Focus and Fun are both emphasized and dancers begin to retain dance vocabulary, patterns and pictures. Foundation Class for Elementary Ballet or Tap Classes. **Kinder Combo Dancers** perform in the end of the year Dance Concert! **2011-2012: Mon 1:00 - Wed. 9:45 AM -Thurs. 1:00 - Sat. 9:00 AM - Sat. 10:00 AM (5-6 yrs)**
- **Kids Bop - 4-6 yrs.** - Introduction to Hip Hop! Fun, funky, high energy class combines basic rhythmic steps with arm movements to create an aerobic dance class. Focus and Fun, along with coordination are emphasized as dancers learn to combine movements and remember spatial patterns. Great for Boys and Girls! **Kids Bop Dancers** perform in the end of the year Dance Concert! **2011-2012: Wed. 11:00 AM**
- **Dance & Play - 2-3 yrs.** - Dance class for Mommy & budding Ballerina! Not quite ready to go it alone? Then Mom & Dancer can explore the wonderful, magical world of dance together. Creative movement, introduction of Ballet Vocabulary, Dress Up and Make Believe....class focus will be to build confidence in dancers so they can eventually take segments of the class without mommy and go on to an independent class the following year! End of the season classroom showcase only, no dance concert yet! **2011-2012: Fri. 10:30 AM**
- **Mommy & Me/Project play - 1- 3 yrs.** - Activities and Movement Class for Mom (or Dad) and Child
Structured and Guided Activities - Fine Motor Skill & Gross Motor Skill Focus - Movement - Music Tumbling -
Social Skill Development - Personal Attention - Positive Environment
Parachute Play, Bubbles & much more!! - **The Perfect Transition for your Child! 2011-2012: Fri. 9:15 AM**

The rewards of a dance education are endless! Dance classes build confidence and self esteem, a sense of well being and belonging. Dance is movement (exercise) and art...so not only does it increase physical strength, stamina, flexibility, agility, grace and poise but increases self knowledge and understanding. Dance is a way to express feelings of all kinds and to share a positive experience with others. Giving your child (or yourself) the gift of dance is a present that will last a lifetime!

